

## **BREAKFAST OMELET**

This is your quick omelet fix with all your favorite ingredients.

### **Ingredients:**

- 2 eggs
- 2 Tbsp green onions, finely chopped
- 1/4 cup turkey sausage, bratwurst, ham or canadian bacon
- Salt and pepper, to taste

### **Directions:**

Fry pan to brown meat and place on paper towels to drain. Add whisked eggs and cook on low heat, add meat and green onions. Add salt and pepper to taste. Keep whisking eggs so they remain fluffy. Turn heat up and stir with a spatula to scramble lightly.

Number of Servings: 1